

HOW TO FIND US : **ADEM LIMITED**
15 The Metro Centre, Kangley Bridge Road, London, SE26 5BW
Telephone : 020 8676 8092

By Train :

British Rail – Lower Sydenham Station is on Kangley Bridge Road

Lower Sydenham Station connects with : **Charing Cross**
Cannon Street
Waterloo East
London Bridge

The Hayes (Kent) Line

On arrival at Lower Sydenham from London – cross over footbridge and leave station on ticket office side. Walk up short slip road into Kangley Bridge Road. Turn left and you will find the Metro Centre on the left approximately a quarter of a mile from the station.

**** In case of difficulty or inclement weather, please do not hesitate to contact us from the station. We will be pleased to collect you by car.**

By Car :

From Blackwall Tunnel

Leave dual carriageway on A205 South Circular in direction of Catford. Across 2 major roundabouts (still A205) after approx 1 mile, dual carriageway ends (set of double lights), road narrows – proceed straight on.

At next major junction (under railway bridge), turn left at lights into Verdant Lane. Follow on for a couple of miles until traffic light junction with Whitefoot Lane (Cemetery to your left, small parade of shops to your right and petrol station on junction to your right).

Turn right into Whitefoot Lane – straight on until major junction with A21 (traffic lights) straight on to Southend Lane. Continue down Southend Lane (few miles) until road narrows under railway bridge, left at next lights into Kangley Bridge Road

The attached map shows the surrounding area. Kangley Bridge Road can only be entered from the Bell Green one-way system at the end of Kangley Bridge Road

Kangley Bridge Road is a long cul de sac (almost one mile) and the Metro Centre is at the far end on the left

From M25 West (From Heathrow direction)

Follow M25 towards Dartford crossing – be careful at Junction 5 – do not go straight on (which is M26) – fork left staying on M25. Leave motorway at junction 4 (Bromley/Orpington A21).

At main roundabout – follow signs A21 Bromley.

After about 6/7 miles (passing through various roundabouts and traffic lights) you will enter Bromley, avoid town centre and follow relief road which is signposted A21 Catford/Lewisham.

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Continue on A21 out of Bromley in direction of Catford.

After 2/3 miles you will pass through a small High Street (Downham) and you will see a large Homebase store on the left (pond with fountain in front). Turn left at lights after this pond into Southend Lane.

Continue down Southend Lane (few miles) until road narrows under railway bridge, left at next lights into Kangley Bridge Road.

The attached map shows the surrounding area. Kangley Bridge Road can only be entered from the Bell Green one-way system at the end of Kangley Bridge Road

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